

Pancakes, WG, Buttermilk, Blueberry, 2 Pack (#1567)



Been craving a delicious breakfast? Well, look no further than our whole grain, buttermilk and blueberry pancakes! Eat them plain or add syrup and fruit toppings. Either way, your stomach will thank you the rest of the day.

General Specifications

Pack: 72/2.6 oz
 Kosher: No
 Shelf Life: 2 hours at ambient. 6 days refrigerated. 365 days frozen.
 Status: Available



SCHOOL SPECIFICATIONS

Nutritional Ratio: 18-3-16

Grain (ounce equivalents): 2.0
 Whole Grain: 16.58g, 51%
 Enriched Flour: 15.93g
 Combined Flour 32.5g

INGREDIENTS

Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Blueberry Bits (Sugar, Soybean Oil, Wheat Flour, Citric Acid, Cellulose Gum, Natural & Artificial Flavor, Red 40, Blue 1, Blue 2), Egg, Buttermilk Solids, Dextrose, Soybean Oil, Whey Powder, Lecithin, Salt, Baking Soda, Sodium Aluminum Phosphate, Mono Calcium Phosphate.

ALLERGENS & DISCLOSURES

Contains egg, milk, soy, and wheat ingredients.
 Contains bioengineered food ingredients.
 This product is produced in a nut-free facility.

Nutrition Facts	
Serving size 2 Pancakes (74g)	
Amount per serving	
Calories	180
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	4%
Sodium 220mg	10%
Total Carbohydrate 32g	12%
Dietary Fiber 2g	7%
Sugars 12g	
Includes 10g Added Sugars	19%
Protein 4g	
Vitamin D 0.1mcg	0%
Calcium 50mg	4%
Iron 1.3mg	8%
Potassium 80mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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Instructions

PREPARATION

The day before serving: Remove product in full cases from the freezer and thaw for 2 hours at room temperature. After thawing, put in the refrigerator/cooler until needed. DO NOT RE-FREEZE! Re-freezing will cause product to stick together. The day of serving: Remove product from refrigerator or cooler. Heat in a warmer or convection oven at 350 degrees for 5 minutes.

For food safety and quality, product is fully cooked when it reaches an internal temperature of 165F.

Case Specifications

GTIN: 00737410156705

Dimensions: 17" x 13" x 7.75"

Cube: 0.99

Gross Weight: 12.96 lb

Per Pallet: 80

Tier x Height: 8 x 10

Inside Pack: 72 packs per case

Bid Specification

Bake Crafters Pancakes, WG, Buttermilk, Blueberry, 2 Pack; must be whole grain rich and provide 2.0 ounce grain equivalents. Portion to provide at least 155.0 calories, with no more than 4.5 grams of fat. Must contain less than 270.0 milligrams of sodium. Acceptable brand: Bake Crafters 1567.